PROFESSIONAL STATEMENT for Group Psychology

All Candidates are required to provide a Professional Statement. This statement should detail the Candidates’ general approaches to psychological assessment and intervention in groups, as well as the training and experience that led to these approaches. The Professional Statement should clearly define how the Candidates’ educational, supervisory, administrative/management, therapeutic, training or personal experiences have shaped their beliefs. Candidates should clarify what assessments and interventions they use and why they have chosen them as well as demonstrate awareness of diversity issues in assessment and intervention (see Footnote 1).

The Professional Self-Statement should include:

1. What group work are you engaged in at this time?
2. Please describe your professional theoretical framework and a discussion of how researchers and theorists in the field have influenced you. If you consider yourself eclectic or integrative, describe at least three major theoretical/empirical themes in your eclecticism or integrative model.
3. An example of interdisciplinary collaboration across professions or organizations and its outcome.
4. Provide at least one example of how you take care of yourself and engage in reflective practice and self-assessment.
5. Describe an example of how you have dealt with a diversity issue in your professional practice.
6. Discuss in one or two paragraphs an ethical dilemma that you have faced during the past two years and how did you handle it?
7. What do you do for continuing education? Which books, lectures, or articles in the past two years have you found especially stimulating?
8. If you would like for the Committee to include your experience as a supervisor, teacher, researcher, manager, administrator, or advocate, please include the following:
   a. The theoretical and empirical basis for your supervision
   b. A description of your research activities
   c. A description of your management/administrative activities
   d. A description of your systemic advocacy activities
9. Why did you apply to become a Group Specialist? How do you react to the principle that Specialists shall support the mission of ABGP with volunteer activity and dues payment?

10. Please verify again that no ethical/legal action has taken place since admission to Candidacy.

NOTE: If the information required by this checklist is not complete or adequate in content, the work sample materials will be returned to the candidate for correction with a written statement as to remediation necessary. If the work sample is returned more than twice, the application process and fees must begin anew.