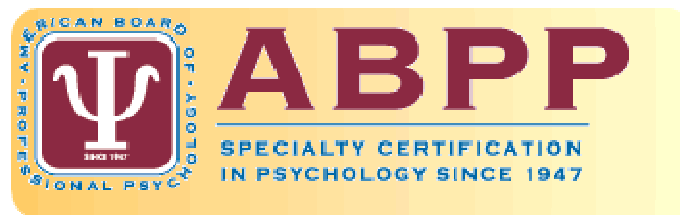


# THE AMERICAN BOARD OF COGNITIVE AND BEHAVIORAL PSYCHOLOGY

## MANUAL FOR CANDIDATES

Revised August 2008



# **THE AMERICAN BOARD OF COGNITIVE AND BEHAVIORAL PSYCHOLOGY**

## **MANUAL FOR CANDIDATES**

Revised September 2, 2008

### **INTRODUCTION**

This manual is meant to welcome and guide you through the application procedure for board certification in Cognitive and Behavioral Psychology. Although the manual represents a formal document, we are ready to help you with any questions you may have as you proceed through the process.

The American Board of Cognitive and Behavioral Psychology (ABCBP) is a member specialty board of the American Board of Professional Psychology (ABPP). Candidates who meet the education, training, and experience requirements and who demonstrate the defining competencies of the specialty through a performance examination will qualify as a board certified psychologist in the specialty of Cognitive and Behavioral Psychology.

This manual provides information for psychologists who are interested in the process of certification with the ABCBP. It provides information and required implementation procedures to be awarded board certification based upon the definition of the specialty, the competencies required, and defined eligibility for candidacy to the examination.

### **DEFINITION OF THE SPECIALTY**

The specialty of Cognitive and Behavioral Psychology emphasizes an experimental-clinical approach to the application of behavioral and cognitive sciences to understand human behavior and develop interventions that enhance the human condition. Cognitive and behavioral psychologists engage in research, education, training, and clinical practice regarding a wide range of problems and populations.

The distinct focus of cognitive and behavioral psychology is twofold: (a) its heavy reliance on an empirical approach; and (b) its theoretical grounding in learning and behavioral analysis theories, broadly defined, including respondent conditioning, operant learning, social learning, cognitive sciences, and information processing models of behavior. Currently, there are four sub-areas of Cognitive and Behavioral Psychology that share theoretical foundations in learning theory and a common approach to case conceptualization. These are applied behavior analysis, behavior therapy, cognitive-behavior therapy, and cognitive therapy. Empiricism is a hallmark of all Cognitive and Behavioral Psychology, and of each of these sub-areas. Consequently, good practice in Cognitive and Behavioral Psychology relies heavily on those assessment and intervention procedures that have been found to be empirically supported.

### **COMPETENCIES CHARACTERIZING THE SPECIALTY**

The ABCBP follows the ABPP specialty examination model. The demonstration component of

the examination involves a practice sample review and an oral examination process by certified specialists.

Competencies are organized into two categories: *functional competencies and foundational competencies*. *Functional competencies* are those day-to-day practice activities provided at the specialty specific level of practice. In the ABCBP examination, all candidates are evaluated in the following four functional competencies: assessment, intervention, consultation, and the application of the science underlying cognitive and behavioral practice. Depending upon the nature of your practice, you also may be examined for two additional functional competencies: supervision/management and teaching. *In other words, the first four competencies are essential for anyone applying for Board Certification in Cognitive and Behavioral Psychology, however, candidates may choose to emphasize the remaining two competencies if they are more representative of their daily activities, but these are not required.*

The *foundational competencies* are core foundations that *cut-across* the functional competencies and include ethics and legal foundations, individual and cultural diversity, effective interpersonal interactions, and professional identification.

The functional and foundational competencies of the ABCBP are defined below. You will be examined on these competencies consistent with the definition of the specialty in Cognitive and Behavioral Psychology as defined above.

## **FUNCTIONAL COMPETENCIES**

### ESSENTIAL FUNCTIONAL COMPETENCIES

- *Assessment*. Defining, diagnosing, and conceptualizing problems and issues associated with individuals, groups, and/or organizations. An example is conducting a functional analysis, or using measures of cognitive styles to contribute to the understanding of the client/patient's presentation.
- *Intervention*. Developing, implementing, and evaluating interventions designed to produce positive change. An example is, based on one's assessment, using a case formulation to select treatment goals and intervention strategies.
- *Consultation*. Providing expert guidance or professional assistance to a client's needs or goals. Examples include providing cognitive and behavioral consultation on a hospital medical unit, or teaching cognitive-behavioral strategies for weight loss to a primary care physician.
- *Application of the Science Underlying Cognitive and Behavioral Psychology*. Producing, consuming, or communicating scientific theory and knowledge relevant to cognitive and behavioral practice. An example is citing relevant research that informs your particular treatment interventions.

## OPTIONAL FUNCTIONAL COMPETENCIES

- *Supervision and Management.* The guidance, direction, and monitoring of trainees, residents, staff, or programs. An example is supervision of a psychology intern using a cognitive and behavioral approach.
- *Teaching.* Formal teaching (including workshops, coursework, and presentations) related to Cognitive and Behavioral Psychology.

## **FOUNDATIONAL COMPETENCIES**

- *Ethics and Legal Foundations.* Awareness and application of appropriate ethical and legal practice requirements.
- *Individual and Cultural Diversity.* Awareness and sensitivity in working with diverse individuals, groups, and communities that represent various cultural and personal background and characteristics.
- *Interpersonal Interactions.* Skills to relate effectively and meaningfully to individuals, groups, and/or communities, and to function effectively in interdisciplinary systems.
- *Professional Identification.* Practice conducted within the boundaries of competencies, including involvement in the profession and the specialty in particular. Continuing development as a cognitive and behavioral psychologist. Advocacy for the cognitive and behavioral specialty and the profession.

## **ELIGIBILITY FOR CANDIDACY: GENERIC AND SPECIALTY SPECIFIC REQUIREMENTS**

In order to qualify for entrance to the examination in cognitive and behavioral psychology, the applicant must meet the ABPP's common, generic criteria as well as the specialty specific criteria established by the ABCBP. These criteria are listed below and can be found at [www.abpp.org](http://www.abpp.org).

Applicants submit the following education and training accomplishments to the ABPP Central Office in order to establish completion of the following professional accomplishments:

### **GENERIC DEGREE AND PROGRAM REQUIREMENTS**

- A doctoral degree from a program in professional psychology that was accredited by the APA or the Canadian Psychological Association (CPA) at the time the degree was granted, OR
- A doctoral degree from a program meeting criteria outlined in the ABPP Standards Manual (Appendix A) at the time the degree was granted. If you have a question about your program's eligibility, contact the ABPP Central Office ([www.abpp.org](http://www.abpp.org)) and request

an individualized review of your credentials.

*OR THE DEGREE REQUIREMENT CAN BE MET IF:*

- The applicant is credentialed as a health service provider in the current Directory of the National Register of Health Service Providers in Psychology (NRHSPP), or the current Canadian Register of Health Service Providers in Psychology (CRHSPP), OR
- The applicant holds a current Certificate of Professional Qualifications in Psychology (CPQ) from the Association of State and Provincial Psychology Boards (ASPPB), OR
- The applicant holds a doctoral degree in a psychology specialty other than an applied or professional specialty, and has subsequently been certified as completing the requirements of a formal, doctoral level, professional program that meets the APA accreditation requirements in clinical, counseling, or school psychology (i.e., re-education, often referred to as re-specialization), OR
- The applicant qualifies for an individualized exception review. Individualized exception reviews are available for degrees granted outside the U.S. or Canada, doctoral degrees granted prior to 1983, or for applicants claiming equivalent doctoral degree and program requirements. Such exceptions are coordinated through the ABPP Executive Office and the appropriate specialty board.

**LICENSURE/CERTIFICATION REQUIREMENTS**

- The Applicant must be licensed or certified as a psychologist at the independent practice level by a State, Province, or Territory of the U.S. or Canada.
- The license/certificate must be in good standing.

**SPECIALTY SPECIFIC PROGRAM REQUIREMENTS**

- Candidates should have documented coursework in cognitive and behavioral psychology during their graduate or post-doctoral training, which could be supplemented by postdoctoral Continuing Education activities.
- The applicant is required to have completed an acceptable internship program (i.e., an APA accredited or APPIC member internship) in addition to two years of post-doctoral experience predominantly in cognitive and behavioral psychology.
- Documentation of relevant cognitive and behavioral psychology experience is represented by having been supervised in cognitive and behavioral psychology. In some cases supervision that is not part of a formal doctoral program can be substituted.
- Candidates are required to submit two letters of reference from supervisors or colleagues attesting to their professional knowledge in cognitive and behavioral psychology, and

readiness for competency evaluation at the specialty level. These letters are to accompany your application when submitted to the ABPP Central Office.

- Because the practice of cognitive and behavioral psychology is multifaceted, candidates may apply (and be examined) in one or more of four areas of emphasis. These areas include: Applied Behavior Analysis, Behavior Therapy, Cognitive-Behavior Therapy, Cognitive Therapy. Although your self-identification may be in one of these specific areas, it is expected that you are conversant in broad-based cognitive and behavioral psychology.
- The board recognizes that not all of your experience is exclusively in cognitive and behavioral psychology. However, it is expected that you will belong to, and self-identify with, one or more of the major professional organizations in cognitive and behavioral psychology.

### **SENIOR PSYCHOLOGIST OPTION**

Psychologists who meet the degree, internship, and postdoctoral criteria shown above, AND who have 15 years or more of postdoctoral experience following licensure as a psychologist are eligible for the Senior Psychologist option. The aim of this program is to bring into the American Board of Cognitive and Behavioral Psychology senior colleagues who have made a sustained contribution to our field.

### **APPLICATION FOR CERTIFICATION**

The Application Form is available from the ABPP Web site ([www.abpp.org](http://www.abpp.org)): from the home page click on *Certification Process*, then *Certification Procedures*, then select *Cognitive and Behavioral* from the drop-down menu, then click on *Application*. The application form, as well as all other certification instructions and forms, is available on-line or by hard-copy upon request to the ABPP Central Office.

The Application Form is to be completed in full, without reference to a Vita. All required endorsements must accompany the application (sealed or open). The application fee of \$125.00 also must be included. Lastly, the applicant must arrange (as soon as possible) to have the doctoral program transcript directly sent to the ABPP Central Office (CO). The CO will verify the applicant's statutory license/certification and professional standing (disciplinary actions status).

Please note that the application form and related materials serve as the foundational information base to determine Candidacy (eligibility) for the examination.

The application and related materials are reviewed by the ABPP Executive Officer for compliance with the generic criteria. Upon meeting the generic criteria, the applicant's file is sent to the specialty's reviewer(s) for confirmation of the specialty specific criteria. The ABCBP's review coordinator sends the candidacy decision to the CO via fax whereupon the CO immediately notifies the applicant/candidate by mail of the decision.

## **OVERVIEW OF PROCESS**

### **STAGE 1: CREDENTIALS REVIEW**

The candidate's application is reviewed by the credentials coordinator to insure that basic requirements for board certification in cognitive and behavior psychology are met. The applicant is then admitted to candidacy.

### **STAGE 2: SUBMISSION OF WRITTEN DOCUMENTS**

The written documents are to be submitted to the practice sample coordinator (the written requirements are described below).

### **STAGE 3: THE ORAL EXAMINATION**

Following approval of the written documents, an oral examination is scheduled by the Chair of a 3-member Examination Committee.

## **REQUIRED WRITTEN DOCUMENTS**

Upon acceptance as a candidate the exam applicant proceeds to the next stage of review which involved submission of the following required written documents: An updated CV, Professional Statement, and Practice Sample. These documents must be submitted within one year from the letter of candidacy notification. All written documents, including the practice sample, are sent (3 copies of all material, including the 3 audiotapes (or CD/DVD's) to the ABCBP Practice Sample Reviewer with the fee/registration form (fee of \$250) sent to the ABPP Central Office. Upon receipt of this registration the written materials review moves forward. The decision regarding acceptance or (minor) modification or rejection of the required written documents is made by the practice sample coordinator, with input from the review committee of three cognitive and behavioral psychology specialists. The practice written documents review decision is sent by Fax to the CO whereupon the decision is immediately forwarded by letter to the candidate.

### **CONTENT OF THE PRACTICE SAMPLE**

The Practice Sample should reflect the current specialty practice of the candidate. The sample should also reflect the competencies characteristic of cognitive and behavioral psychology. To provide substantive content for the examination, the candidate must present at least one practice sample of his or her customary practice as a cognitive and behavioral psychologist. The sample(s) should consist of a written practice sample of professional interactions (such as a cognitive-behavioral psychology session or supervision of a new cognitive-behavioral psychologist) and must be accompanied by an audiotape or CD/DVD.

The sample provides the board and the examining committee with concrete examples of the Candidate's professional practice as a cognitive and behavioral psychologist and should include evidence of cognitive-behavioral assessment and interventions utilized to effect change.

## CONTENT OF THE PROFESSIONAL STATEMENT

The candidate will also prepare a Professional Statement by responding to the specific questions below. This statement should detail the candidate's experience in cognitive and behavioral psychology and include the focus of his or her practice orientation, brief discussion of the theorists/researchers who have influenced his or her thinking and practice, and the candidate's intentions for future work in cognitive and behavioral psychology.

### **PROFESSIONAL STATEMENT**

*Please answer all questions in five or fewer double spaced, typewritten pages.*

1. Describe the professional work in which you are engaged at this time. Be sure to focus on: your current employment and professional activities at the local, state, and national level; continuing professional education activities; long term plans in Cognitive & Behavioral Psychology; and reasons for seeking board certification.
2. Provide evidence for the ways in which you utilize or contribute to the current science base by addressing one of the two following points: (a) Discuss the evidence base that informs your practice, including how you determine if your activities as a Cognitive & Behavioral Psychologist are effective; or (b) describe your own current clinical research activities and how these inform your practice.
3. Discuss your current assessment, intervention, consultation and/or supervision, and teaching/ management activities (the latter only if applicable), as well as both the theoretical and empirical basis for these activities. Include a description of your professional theoretical framework and a discussion of how and which researchers and theorists in the field have influenced you. Address ways that your theoretical model informs your attitude toward individual and cultural diversity considerations, the impact of your model on assessment, intervention, consultation/supervision, and teaching/management activities (the latter only if applicable).
4. Provide specific examples of awareness of individual and cultural diversity as pertinent to your scholarship, assessments, interventions, consultation/supervision, teaching/management (the latter only if applicable), and interpersonal interactions.
5. Describe in one or two paragraphs a challenging ethical dilemma encountered in your work as a Cognitive & Behavioral Psychologist. Address what aspects of the APA Ethical Principles of Psychologists and Code of Conduct it related to, and how you handled the dilemma. If applicable, address diversity considerations that arose in resolving this dilemma.
6. Indicate that no ethical or legal action has taken place since your admission to candidacy.

Therefore, please submit the following Written Documents:

- a. Three (3) copies of a written case conceptualization including relevant history and assessment WITH ALL IDENTIFYING INFORMATION APPROPRIATELY DISGUISED. The candidate must include a sample copy of a consent form that he/she asked the client to sign (the Board does not and should not receive the signed consent that would have identifying information about the client).
- b. Three (3) copies of an audiotape (or CD/DVD) of one session of high quality sound.
- c. Three (3) copies of the brief Professional Statement.
- d. Three (3) copies of an up-to-date recent curriculum vitae.

### REQUIRED WRITTEN DOCUMENTS - SENIOR OPTION

The Senior Option is intended to recognize the sustained contributions of applicants who have practiced Cognitive and Behavioral Psychology for 15 years or more after licensure as a psychologist. Therefore, the required written documents for the Senior Option should contain the following:

- a. Three (3) copies of an updated curriculum vitae.
- b. Three (3) copies of your Professional Statement.
- c. Three (3) copies of one or more of the following:
  - i. Publications (articles or books) or professional presentations that have been influential in cognitive and behavioral psychology and demonstrate the candidate's knowledge and expertise; or
  - ii. Description of a clinical research project that has been influential in cognitive and behavioral psychology along with a statement regarding how it have been influential; or
  - iii. Description of teaching/training/workshop/administrative activities that have been influential in cognitive and behavioral psychology along with a statement regarding how they have been influential.
  - iv. A traditional practice sample (content as described above) may also be submitted.

In preparing the updated CV and Professional Statement, the candidate submitting the Written Documents for the Senior Option should provide and highlight evidence demonstrating his or her sustained and quality professional practice and involvement in cognitive and behavioral psychology over a period of at least 15 years post licensure.

## **THE EXAMINATION**

### ARRANGEMENT FOR THE EXAMINATION

The ABCBP board is responsible for reviewing candidacy material and establishing examination committees. A chairperson and two additional examiners are selected to comprise the three-person examination committee.

Examinations are regularly scheduled in conjunction with (immediately before, during, or immediately after) the annual convention of the Association of Behavioral and Cognitive Therapy (formerly known as the Association for Advancement of Behavior Therapy). This

allows for periodic examinations throughout North America, in a manner that is convenient for attendees of the ABCT convention. Examinations may also be scheduled at other times and locations that are convenient to both candidate and examiners. Upon approval of the Practice Sample the candidate registers with CO (with fee of \$450.00) for the oral examination. This registration initiates scheduling the oral examination with places and date mutually agreed upon by the candidate and the ABCBP.

### THE EXAMINATION COMMITTEE

The ABCBP examination is conducted by a committee of three Board Certified examiners. An attempt will always be made to have at least one examiner represent the candidate's specific area (i.e., Applied Behavior Analysis, Behavior Therapy, Cognitive Therapy, or Cognitive-Behavior Therapy). Candidates, however, should potentially expect to be examined in areas outside of their own practice of cognitive-behavioral assessment and intervention. Board certification implies certain knowledge in areas outside of one's own usual practice of psychology.

### THE EXAMINATION IN COGNITIVE AND BEHAVIORAL PSYCHOLOGY

The ABCBP examination is designed to judge specialty level competence in Cognitive and Behavioral Psychology. The examination consists of review of the candidate's practice sample, an in-vivo interview, general issues in the area of cognitive and behavioral psychology and professional standards. The exam covers six interrelated areas:

1. *Assessment*: Whereas it is understood that assessment can take many forms, the committee will look for signs that the assessment is appropriate for the problem(s) presented. Cognitive-behavioral and traditional assessments may be interrelated, if appropriate to the problem. The board recognizes that assessments are often reactive and therapeutic in their own right, which is taken into account during the examination.
2. *Constructive Interventions*: The committee will look for signs that the intervention(s) selected are appropriate, based on the nature of the problem and/or results of the assessment.
3. *Science Base and Application*: It is assumed that the cognitive and behavioral psychologist is continually aware of scientific and scholarly developments in order to infuse his or her practice with up-to-date, valid, and reliable data. Part of the examination, therefore, will ascertain whether the Candidate can present and critically discuss issues in contemporary cognitive and behavioral psychology.
4. *Consultation and Supervision*: This competency area is an important part of many specialists' practice and when it is, the specialist should be competent in these practice activities.
5. *Ethics and Legal Foundations*: A cognitive and behavioral psychologist is expected to be aware of (a) ethical principles as adopted by the profession, and (b) the implications of these principles in practice, including the responsibility of practicing within legal

guidelines and in the best interests of society and the client/patient.

6. *Understanding of, and Sensitivity to, Diversity issues:* The candidate is expected to understand the scope and limitations of our knowledge of how cognitive and behavioral principles apply to individuals from diverse backgrounds and life contexts. The influence of race, gender, gender identity, ethnic background, socio-economic background and sexual orientation in case conceptualization and treatment are particularly relevant. The candidate is expected to demonstrate awareness of his or her own privileges and limitations based on these diverse factors.
7. *Professional Identification:* A board certified psychologist is expected to identify with the profession by appropriate memberships and activities and will be aware of current issues and problems involved in the development of a creative and responsible profession.

### THE IN-VIVO INTERVIEW

The Examination Chair is responsible for coordinating the attendance of an actual client/patient/patient, or a supervisee who will be interviewed by the candidate. If an actual client/patient participates, the candidate is expected to conduct an interview to gather sufficient information to develop a case conceptualization and treatment recommendations to be provided to a referring psychologist (who may also be present for this portion of the exam). It is more frequently the case that the in-vivo examination is in the form of consultation with another mental health professional who will briefly present a case and the candidate will then interview the supervisee in order to gain sufficient understanding to develop a case conceptualization and offer treatment recommendations. The supervisee is not being questioned as to the appropriateness of his or her treatment, but rather the candidate is expected to be providing the supervisee with expert opinion about cognitive and behavioral treatment.

### ORAL EXAMINATION FORMAT

The examination will last approximately 3 ¼ hours at a time and place of mutual convenience of the examiners and candidate. All materials should have been submitted to, and reviewed by, the examiners in advance of the oral examination. The exam format will be approximately as follows:

### ORAL EXAMINATION ACTIVITIES (APPROXIMATE TIME IN MINUTES)

1. Committee meets and organizes (15)
2. Committee chair greets candidate, introduces other committee members, and describes procedures (10)
3. Review of candidate's professional statement and practice sample (30)
4. In-vivo interview (30)
5. Review of candidate's in-vivo interview (30)
6. Review of ethical, professional, and legal standards and guidelines (20)
7. Review of current trends and issues in cognitive and behavioral psychology (30)

8. Examination wrap-up discussion, questions, further information candidate wishes to present and Practice Samples returned. (30)

**Total: 3 hours, 15 minutes**

### THE ORAL EXAMINATION FOR THE SENIOR OPTION

In nearly all cases the oral examination is the same for candidates who take the senior option. However, when it is clear that senior candidates have demonstrated publicly their clinical expertise (e.g., the candidate has a series of training tapes available in which they conduct treatment), the in-vivo portion of the examination may be waived and questioning would focus on the candidate's practice sample and the body of work presented that qualified the candidate for the senior option. The option to waive the in-vivo portion of the examination is conditioned solely on the judgment of the examination committee and is made once all members of the committee have reviewed the practice sample.

### **NOTIFICATION AND AWARD OF THE DIPLOMA**

Each candidate will receive formal notification by the ABPP Central Office of the examining Committee's judgment within one month of the examination. Successful candidates will be so notified and a diploma will be issued within 45 days.

If the candidate is not successful, an explanation of the reasons for not awarding the diploma will be provided in order to guide further professional development. If the candidate believes the examination procedures were not conducted in a fair and appropriate manner or that there were procedural errors he or she may request a review. A candidate cannot request a review simply because he or she disagrees with the results, but only if he or she has reason to believe that procedural errors led to an unfair or inappropriate examination. A request for a review should be made to the Central Office of ABPP within 30 days of the notice of failure and should include a definitive statement of procedural errors considered by the candidate to have interfered with a fair evaluation. A review by the appeals committee of ABPP may result in a nullification of the examination or a confirmation of the "no award" decision. A candidate cannot be awarded the diploma as a result of the review but, if the examination is nullified, the candidate will be allowed to retake the examination with a new examining committee with fees waived. If, following the judgment of the review committee the examination is nullified and the candidate requests a second examination, an entirely new committee will be formed and a second examination fee is charged. No member of the first committee will be allowed to serve on the second committee.

### **PERSONAL AFFILIATION AND STANDARDS OF PRACTICE**

ABPP will suspend action on any candidate who is being investigated by the APA Committee on Scientific and Professional Ethics and Conduct, or a state Board of Examiners. ABPP reserves the right to revoke the diploma of an individual whenever it judges that the recipient no longer represents the standards of practice which were the basis of the original award. The ABPP Ethics Committee makes recommendations to the Board of Trustees in such matters. As leaders

in cognitive and behavior psychology, board certified psychologists are expected to continue to support the profession of psychology and the specialty of cognitive and psychology. Encouraging colleagues to apply for board certification, serving as examiners for future candidates, participating in local professional groups and the Academy of Cognitive and Behavioral Psychology, and continuing one's professional activities are some ways in which the board certified specialist may continue to advance the profession.

### **SCHEDULE OF FEES**

The current total fee for the application, evaluation, and award of the diploma is \$825, and is payable in sequence as you proceed through the process as follows:

Application Fee .....	\$125
Practice Sample Fee .....	\$250
Examination Fee .....	\$450

The Board reserves the right to change its schedule of fees at any time during the course of candidacy. **FEES ARE NOT REFUNDABLE.**

### **CLOSING STATEMENT**

We believe that the process of examination will be a useful experience and one that is likely to sharpen your skills as you proceed through application, submission of the work sample, and the in-vivo examination. If we can be helpful as facilitators, please let us know.

### **FOR INFORMATION, WRITE OR CALL:**

American Board of Professional Psychology  
600 Market Street  
Suite 300  
Chapel Hill, NC 27516  
919.537.8031  
E-mail: [office@abpp.org](mailto:office@abpp.org)

**American Board of Cognitive And Behavioral Psychology  
Practice Sample Review Form**

1. Candidate's Name \_\_\_\_\_

2. Mailing Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. Phone Number: \_\_\_\_\_

4. Email address: \_\_\_\_\_

5. Written Documents/Practice Sample:

- Three (3) copies of an updated CV.
- Three (3) copies of a written case conceptualization including relevant history and assessment WITH ALL IDENTIFYING INFORMATION APPROPRIATELY DISGUISED. The candidate is to include a sample copy of a consent form that the client/patient signed (the Board does not and should not receive the signed consent that would have identifying information about the client/patient).
- Three (3) copies of an audiotape or DVD/CD of one session in high quality sound.
- Three (3) copies of the Professional Statement.

6. Mail this form and above materials to:      George F. Ronan, Ph.D., ABPP  
Department of Psychology  
Central Michigan University  
Mount Pleasant, MI 48859  
989.774.6476  
989.774.2553(fax)  
989.621.8994(cell)

7. When you receive notice of your approved candidacy from the ABPP Central Office, please send the completed Practice Sample Registration form (found on the ABPP website) along with the \$250.00 registration fee to:

American Board of Professional Psychology  
600 Market Street, Suite 300  
Chapel Hill, NC 27516  
919.537.8031

**American Board of Cognitive And Behavioral Psychology  
Senior Option: Practice Sample Review Form**

1. Candidate's Name \_\_\_\_\_

2. Mailing Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. Phone Number: \_\_\_\_\_

4. Email address: \_\_\_\_\_

5. Written Documents/Practice Sample:

- Three (3) copies of an updated CV.
- Three (3) copies of the Professional Statement.
- Three (3) copies of one or more of the following:
  - Publications (articles or books) or professional presentations that have been influential in cognitive and behavioral psychology and demonstrate the candidate's knowledge and expertise.
  - Description of a clinical research project that has been influential in cognitive and behavioral psychology along with a statement regarding how it has been influential.
  - Description of teaching/training activities that have been influential in cognitive and behavioral psychology along with a statement regarding how it has been influential.

6. Mail this form and above materials to: George F. Ronan, Ph.D., ABPP  
Department of Psychology  
Central Michigan University  
Mount Pleasant, MI 48859  
989.774.6476  
989.774.2553 (fax)  
989.621.8994 (cell)

7. When you receive notice of your approved Candidacy from the ABPP Central Office, please send them the completed Practice Sample Registration form (found on the ABPP website) along with the \$250.00 registration fee to:

American Board of Professional Psychology  
600 Market Street, Suite 300  
Chapel Hill, NC 27516  
919.537.8031