

**Practice Sample:** The Candidate is given a year in which to submit his/her Practice Sample.

**The Candidate** submits three (3) copies of each of a Curriculum Vita, an analysis of a clearly analytic case (see outline) and a Professional Statement. The Practice Sample Review fee (\$250) must be submitted to the CO. The Practice Sample “package” is sent to the ABPsaP national coordinator of examinations.

Specifications for Submitting Psychoanalytic Case Practice Sample & Professional Statement follow.

### **Psychoanalytic Case Practice Sample**

#### **(1.) General Requirements**

##### **(a.) Selection of case to be presented**

(i.) Case must be clearly psychoanalytic and one in which there was no regularly scheduled supervision, although occasional consultations may have taken place.

(ii.) The session of the case which is submitted must be representative of the work with the patient and must have taken place in person and in the analyst’s office.

(iii.) Case may be one of a continuing therapeutic relationship of at least two (2) years in duration. The case must be one in which not more than three (3) years has elapsed since the last formal analytic session.

(iv.) All requested information must be provided.

##### **(b.) Format**

(i.) 3 typewritten copies are required

(ii.) On title page provide

-Document title

-Your name

-Date submitted

(iii.) Following pages must be 1.5 line-spaced; in Arial, Tahoma, Times New Roman or an easy-to-read non-condensed font, no less than 12-point size.

(iv.) All pages must be numbered with title page as #1.

(v.) Page quantity should not exceed 20.

(2.) Provide Verbatim Script of One Session

(a.) Provide the number of the session within patient's entire course of treatment.

(b.) Describe phase of treatment which presented session illuminates.

(c.) Describe issues or dynamics that led up to that session.

(3.) Demographic and Significant History

(a.) Pseudonym for patient

(b.) Presenting problems and/or symptoms

(c.) Physical appearance

(d.) Demographics

(e.) Any significant medical/physical and/or developmental history of patient and/or family

(f.) Significant psychological history

(g.) History of prior treatment - type and duration

(h.) Duration of treatment with candidate - ongoing or terminated case

(i.) Frequency of sessions - use of couch and/or chair

(4.) In the Analysis/Critique of the Case, Please Provide the Following

Material in Brief:

- (a.) Your theoretical orientation, if and where you differ from the mainstream of the theory and your typical approach
- (b.) Presenting problem
- (c.) The personality structure of the patient (diagnosis, if indicated, major coping and defensive patterns)
- (d.) Core issues and how manifested
- (e.) Manifestations of transferential and counter-transferential material and how handled
- (f.) The extent to which the patient's core issues and personality structure were or were not compatible with your theoretical orientation and treatment approach. If not compatible, how did you handle it?
- (g.) Outcome - the goals of treatment and whether they are being or have been met
- (h.) Any subsequent and relevant information about the patient as to his or her present psychological status

**Professional Statement**

- (1.) General Requirements
  - (a.) Respond only to those items that are relevant to you
  - (b.) Be brief
  - (c.) Format
    - (i.) Three (3) typewritten copies are required
    - (ii.) On title page provide
      - Document title

-Your name

-Date submitted

(iii.) Following pages must be 1.5 line-spaced; in Arial, Tahoma, Times New Roman or an easy-to-read non-condensed font, no less than 12-point size

(iv.) All pages must be numbered with title page as #1

(v.) Pages may not exceed 20 in number

(2.) Participation as a Professional Psychologist

(a.) List the professional psychological organizations to which you belong. (i.e., APA, Division[s] of APA, State Psychological Associations, Regional Psychological Associations, etc.)

(b.) Summarize your active participation in any of the above organizations (i.e., offices held, committee membership, presentations at conferences, professional events, etc.)

(c.) As a psychologist on a volunteer basis, have you ever given presentations to community and/or religious organizations; written articles; appeared in the media; acted as a consultant, liaison or presenter to any governmental group?

(3.) Professional Psychologist and/or Psychoanalyst Practice

(a.) Describe the range of activities you perform as part of your professional practice and if there have been any significant changes in the last three years. (Professional activities include both paid employment and independent practice. The range of activities includes intervention, diagnosis, college or university teaching, consultation, supervision, etc.)

(b.)What type of consultations do you have with colleagues?

(c.) Do you provide or have you ever provided pro-bono or reduced fee services and under what circumstances?

(d.) Has any ethical/legal action taken place against you since your admission to candidacy?

(4.) Participation as a Psychologist/Psychoanalyst

(a.) Theoretical orientation

(i.) Describe your theoretical framework

(ii.) Which thinkers/theorists in psychoanalysis have significant influence on your thinking?

(iii.) If you consider yourself an eclectic or integrationist, please briefly describe three major themes of your thinking

(b.) Describe the continuing education in psychoanalysis you have undertaken in the past two years (i.e., workshops, attendance or participation at psychoanalytic conferences, books or articles on psychoanalytic material that you have read which have been especially stimulating, etc.)

(c.) Describe your activities within psychoanalysis (i.e., membership in psychoanalytic associations, role or position in analytic training institutes, attendance or presentations at psychoanalytic conferences)

(d.) Please describe your view(s) on the future of psychoanalysis as a field of psychological practice

(e.) Why did you apply for the Specialty Board Certification in Psychoanalysis?

(f.) Please comment on the principle that board certified specialists support the mission of ABPsAP and ABPP with volunteer activity and payment of annual fees.

**Acceptance of the Practice Sample.** The practice sample is preliminarily inspected for completeness and reviewed for acceptance as a sample representative of the practice of psychoanalysis at the specialty level. The candidate is notified by the CO of the results of the review. Upon acceptance of the practice sample the candidate may arrange to take the oral examination by notifying the ABPsaP national director of examinations and forwarding the oral examination fee of \$450 to the ABPP CO.